



Week 1 - Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Whole Fruit	Cookies	Strawberry Sponge	Croissants	Doughnuts
Crudités	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper	Carrot, Cucumber, Pepper
Jacket Potato	Jacket Potato and Cheese		Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Cheese
Homemade Soup	Homemade Soup of the Day served with Croutons, Handmade Bread, Seeds	Homemade Soup of the Day served with Croutons, Handmade Bread, Seeds	Homemade Soup of the Day served with Croutons, Handmade Bread, Seeds	Homemade Soup of the Day served with Croutons, Handmade Bread, Seeds	Homemade Soup of the Day served with Croutons, Handmade Bread, Seeds
Main Course 1	Locally Sourced Butchers Pork Sausages served with Red Onion Wedges, Butternut Squash .	"Build the Ultimate Baked Potato" with Slow Cooked Beef and Lentil Chilli	Red Tractor Creamy Chicken, Spinach and Tomato Pasta	Ultimate Roast Day Roast Norfolk Turkey with all the Trimmings	The Hen Den - Southern Fried Chicken Thighs
Main Course 2	Authentic Italian Conchiglie Pasta served with Creamy Sundried Tomato, Basil and Quorn Sauce or Four Cheese Sauce	"Build the Ultimate Baked Potato" with BBQ Pulled Chicken and Spring Onions	Stir Fry Char Sui Pork and Vegetable Fried Rice	DIY Minced Beef and Vegetable Fajitas with various sides	The Hen Den - Baked Four Cheese Mac 'n' Cheese with sides of Pulled Pork, Chopped Tomatoes and Spring Onion
Main Course 3		"Build the Ultimate Baked Potato" with Homemade Baked Beans	Japanese Vegetables and Tofu served with Coriander Noodles, Katsu Curry Sauce	Garlic Bruschetta with Roasted Mediterranean Vegetables and Mozzarella	
On the Side	Oven Roasted New Potatoes, Sautéed Savoy Cabbage and Onions, Garden Peas	Selection of Accompaniments and Salad Items	Green Beans, Carrots and Chunky Red Onions	Roasted Smoked Paprika Potatoes, Medley of Vegetables	Chips, Broccoli, Sweetcorn, Peas
Dessert	Peach and Apricot Oaty Crumble served with Custard	Milk Choc Chip Marble Cake	Jammy Flapjack Slice	Strawberry Upside Down Cake with Vanilla Custard	Belgium Waffles with Golden Syrup and Sprinkles
Cold Dessert	Selection of Cold Desserts	Selection of Cold Desserts	Selection of Cold Desserts	Selection of Cold Desserts	Selection of Cold Desserts
Every Day	Freshly Cut and Whole Fruit Selection, Yoghurts, Fruit Jelly	Freshly Cut and Whole Fruit Selection, Yoghurts, Fruit Jelly	Freshly Cut and Whole Fruit Selection, Yoghurts, Fruit Jelly	Freshly Cut and Whole Fruit Selection, Yoghurts, Fruit Jelly	Freshly Cut and Whole Fruit Selection, Yoghurts, Fruit Jelly